**Muscles of the Thigh and Lower Leg**

See figure 11-20 on p. 371 and figure 11-21 on p. 373. See table 11-17 on p. 370 and table 11-18 on p. 372.

|  |  |  |
| --- | --- | --- |
| **NAME OF MUSCLE** | **LOCATION/DESCRIPTION** | **ACTION** |
| **Rectus Femoris** |  |  |
| **Vastus Medialis** |  |  |
| **Vastus Lateralis** |  |  |
| **Sartorius** |  |  |
| **Gracilis** |  |  |
| **Adductor Longus** |  |  |
| **Gluteus Maximus** |  |  |
| **Gluteus Medius** |  |  |
| **Tensor Fasciae Latae** |  |  |
| **Biceps Femoris** |  |  |
| **Semitendinosus** |  |  |
| **Semimembranosus** |  |  |
| **Gastrocnemius** |  |  |
| **Tibialis Anterior** |  |  |
| **Soleus** |  |  |