**ANATOMICAL TERMS**

In anatomy, specific terms are used to explain the location of body organs, systems, as well as body movements.

Fill in the missing words to make the passage correct using the words from the word bank provided:

reference, side, stand, body, arms, hands, anatomical, forward

1. All anatomical terms have a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ point which is called the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ position. This is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ position where you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ up, head straight and \_\_\_\_\_\_\_\_\_\_\_\_\_ by your \_\_\_\_\_\_\_\_\_\_\_\_\_\_, with the palms of your \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ facing forward.



1. Complete these sentences using the terms *superior* and *inferior*.
2. The hands are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the feet.
3. The knees are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the waist.
4. The elbow is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the wrist.
5. The calf muscle is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the ankle.
6. Complete these sentences using the terms *anterior* and *posterior.*
7. The heel is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the toes.
8. The biceps are \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the triceps.
9. The hamstring is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the quadriceps.
10. Complete these sentences using the terms *lateral* and *medial.*
11. The arms are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the midline.
12. The neck is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the arms.
13. The shoulders are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the midline.
14. Anatomical Terms – Word Match

Match the correct terms with their meanings. Place the correct letter in the empty column.

|  |  |  |
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| **Term** |  | **Definition** |
| Superior |  | 1. closer to the top of the limb |
| Inferior |  | 1. lying face downwards |
| Anterior |  | 1. towards the head, or above |
| Posterior |  | 1. back or at the back of |
| Lateral |  | 1. closer to the bottom or end of a limb |
| Medial |  | 1. towards the feet, or below |
| Proximal |  | 1. front, or in front of |
| Distal |  | 1. lying face upwards |
| Supine |  | 1. toward the side of the body, or away from the midline of the body |
| Prone |  | 1. toward the midline of the body |

1. Label the following on the pictures below: Median/saggital plane, transverse/horizontal plane, frontal/coronal plane, proximal, distal, lateral, medial, inferior, superior.

 